

KARLSTADS NORDISKA UNGDOMSTÄVLING
Karlstad 28/29-11-2009

HERRAR		500m	1500m	1000m	3000m
1	Fredrik Forsell	IFK Göteborg 42.35 (4)	2.10.07 (1)	1.22.43 (1)	4.45.86 (3) 174.564
2	Daniel Vestman	Hagaström 41.87 (3)	2.12.23 (3)	1.22.77 (2)	4.44.99 (1) 174.829
3	Sebastian Andersson	IFK Sala 43.29 (5)	2.11.16 (2)	1.23.85 (3)	4.45.38 (2) 176.498
4	Per Moberg	Hagaström 45.43 (6)	2.25.78 (5)	1.30.68 (5)	5.18.08 (5) 192.376
5	Magnus Ek	SK Winner 46.46 (7)	2.25.38f (4)	1.33.49 (6)	5.06.02 (4) 192.668
	Mats Andersson	Kongsvinger 41.27 (2)	dns	1.27.40 (4)	
	James Lewis	IFK Krhamn 40.59 (1)	dns		
JUN		500m	1500m	1000m	3000m
1	David Andersson	SK Trollh 41.71 (1)	2.05.65 (1)	1.22.11 (1)	4.29.35 (1) 169.539
2	Martin Svanborg	SollentSS 42.30 (2)	2.07.73 (2)	1.23.32 (2)	4.29.92 (2) 171.522
3	Erik Bucht	IF Thor 43.86 (3)	2.15.78 (3)	1.26.93 (3)	4.49.30 (3) 180.801
4	Emil Ström	SK Trollh 44.89 (5)	2.19.33 (4)	1.29.06 (4)	4.50.04 (4) 184.203
5	Patric Wallström-Jonsson	Hagaström 44.29f (4)	2.22.60 (5)	1.29.24 (5)	4.57.67f (5) 186.054
6	Hampus Larsson	SK Trollh 47.41 (6)	2.26.30 (6)	1.32.12 (6)	5.07.59 (6) 193.501
P 15-16		500m	1500m	1000m	3000m
1	Samuel Bozenhard	Hol IL 42.62 (1)	2.17.03 (2)	1.25.51 (2)	4.41.35 (1) 177.942
2	Oskar Gudmundsson	IF Thor 44.18 (4)	2.24.67 (4)	1.32.42 (4)	5.07.07 (2) 189.791
3	Vegard Hansen	Kongsvinger 47.90 (5)	2.29.40 (5)	1.35.32 (5)	5.13.62 (3) 197.630
4	Jakob Andersson	IFK Krhamn 50.53 (6)	2.48.42 (6)	1.42.83 (6)	5.45.60 (4) 215.685
	Erik Gustafsson	SollentSS 42.84 (2)	2.15.68 (1)	1.24.75 (1)	dq
	Joel Wisting	Hagaström 43.70 (3)	2.19.00 (3)	1.28.01 (3)	dq
P 13-14		500m	1000m	500m	1500m
1	Erik Wetterdal	IF Thor 44.23 (1)	1.30.10 (1)	43.94 (1)	2.17.88 (1) 179.180
2	Frans Bergentall	IK Wega 46.63 (2)	1.37.96 (4)	46.69 (2)	2.25.90 (2) 190.933
3	Adam Axelsson	SK Winner 47.57 (3)	1.37.50 (3)	48.09 (3)	2.25.94 (3) 193.056
4	Nils van der Poel	SK Trollh 49.08 (4)	1.37.39 (2)	48.67 (4)	2.26.70 (4) 195.345
5	Cevin Starö	IFK Sala 52.80 (5)	1.50.77 (5)	51.95 (5)	2.48.63 (5) 216.345
6	Björn Seifert	IF Thor 56.07 (6)	1.56.45 (6)	57.13 (6)	2.57.10 (6) 230.458
P 11-12		500m	300m	500m	1000m
1	Waldemar Bergentall	IK Wega 51.75 (1)	32.42 (1)	52.51 (1)	1.48.63 (1) 212.608
2	Bart Kranenborg	IF Thor 57.17 (2)	36.28 (3)	56.88 (3)	1.57.92 (2) 233.476
3	Isak Höiby	Kongsvinger 67.04 (5)	35.55 (2)	55.69 (2)	2.08.34f (4) 246.149
4	Johan Wallgren	Hagaström 61.19 (3)	38.75 (4)	61.71 (4)	2.07.55 (3) 251.258
5	Jörgen Rosager	Kongsvinger 66.22 (4)	39.77 (6)	63.42 (5)	2.15.85 (5) 263.848
6	Mathias Solberg	Kongsvinger 78.49 (6)	39.31 (5)	72.53 (6)	2.25.51f (6) 289.291
DAMER		500m	1500m	1000m	3000m
1	Linnea Sjöblom	SK Winner 48.01 (4)	2.31.39 (3)	1.37.21 (3)	5.17.74 (1) 200.034
2	Jenny Schallengruber	IFK Krhamn 47.66 (3)	2.35.53 (4)	1.38.27 (4)	5.37.34 (2) 204.861
3	Annette Arvidsson	Karlstad SK 55.96f (5)	2.51.81 (5)	1.52.25f (5)	6.01.45 (3) 229.596
	Marita Johansson	Karlstad SK 45.01 (2)	2.16.83 (1)	1.27.57 (1)	dns
	Sara Andersson	IFK Krhamn 44.62 (1)	2.29.97 (2)	1.30.73 (2)	dns
JUN		500m	1500m	1000m	3000m
1	Louise Wisting	Hagaström 49.72 (2)	2.34.61 (1)	1.38.22 (1)	5.20.69 (1) 203.814
	Annie Schallengruber	IFK Krhamn 48.37 (1)	2.43.38 (2)	1.43.14 (2)	
F 15-16		500m	1500m	1000m	500m
1	Hanna van der Poel	SK Trollh 48.92f (3)	2.31.17 (1)	1.36.29 (1)	47.18 (2) 194.635
2	Caroline Karlsson	Hagaström 47.29 (1)	2.36.00 (2)	1.38.56 (2)	46.79 (1) 195.360
3	Malin Wickström	Hagaström 47.81 (2)	2.47.70 (5)	1.47.51 (5)	49.33 (3) 206.795
4	Victoria Lövestad	Kongsvinger 50.22 (4)	2.44.84 (4)	1.44.17 (3)	49.69 (4) 206.941
5	Amanda Hallberg	Hagaström 51.43 (6)	2.43.25 (3)	1.45.95 (4)	50.64 (6) 209.461
6	Anna Hakola	IFK Krhamn 50.86 (5)	2.57.15 (7)	1.51.08 (8)	50.16 (5) 215.610
7	Cornelia Karlsson	Hagaström 53.28 (8)	2.56.83 (6)	1.49.12 (6)	52.21 (8) 218.993
8	Tove Eriksson	Hagaström 53.23 (7)	2.59.22 (8)	1.49.41 (7)	51.62 (7) 219.295
9	Josefin Lindström	Hagaström 56.40 (10)	3.04.73 (9)	1.58.21 (10)	56.59 (10) 233.671
10	Lovisa Blom	IFK Krhamn 56.13 (9)	3.21.77f (10)	1.54.63 (9)	54.92 (9) 235.621
F 13-14		500m	1000m	500m	1500m
1	Tilda Carlsson	IK Wega 50.36 (2)	1.42.29 (1)	50.02 (2)	2.38.17 (1) 204.248
2	Linda Pettersson	Eskilstuna 48.49 (1)	1.48.12f (3)	48.04 (1)	2.45.21 (3) 205.660
3	Elin Fryckberg	IK Wega 52.23 (4)	1.44.51 (2)	51.96 (4)	2.40.79 (2) 210.041
4	Amanda Björkman	Hagaström 51.59 (3)	1.48.57 (4)	50.95 (3)	2.45.29 (4) 211.921
5	Ellinor Frendin	SK Trollh 52.79 (5)	1.58.06 (5)	54.26 (5)	2.58.42 (5) 225.553

F 11-12		500m	300m	500m	1000m
1	Erika Lindgren	Södermalm 57.34 (1)	35.60 (2)	55.74 (2)	2.01.82 (3) 233.323
2	Ella Erkman	IK Wega 64.61f(6)	34.58 (1)	53.85 (1)	1.56.47 (1) 234.328
3	Ida Hallberg	Hagatröm 57.79 (2)	36.17 (3)	57.60 (3)	1.58.61 (2) 234.978
4	Selma Bö Lysö	Kongsvinger 62.33 (4)	38.57 (4)	61.29 (4)	2.08.26 (5) 252.033
5	Karin Seifert	IF Thor 67.69 (7)	42.50f (6)	67.40 (5)	2.19.66 (6) 275.753
6	Elin Svanborg	SollentSS 59.95 (3)	49.68f (9)	73.01f (7)	2.05.76 (4) 278.640
7	Anna Andersson/NOR	Kongsvinger 77.17 (8)	45.51 (8)	71.21 (6)	2.30.30 (7) 299.380
8	Kristine Hansen	Kongsvinger 77.55 (9)	44.33 (7)	75.50 (8)	2.41.69 (8) 307.778
9	Amanda Bö Lysö	Kongsvinger 82.01 (10)	51.33 (10)	78.13 (9)	2.55.61f(9) 333.495
	Moa Fundell	Hagatröm 63.81 (5)	39.40 (5)	81.03f (10)	dns